



ARPA Active Over 50's Group Information Sheet - 2018

(See updates at: www.arpaactiveover50s.com.au)

Keep this sheet to reference all your ARPA contacts

(Coordinators: please advise of any changes)

Regional Group	Venue	Day/Time	Contact	Phone
Adelaide ARPA Office	Level 4 / 25 Leigh Street Adelaide	various activities	ARPA Office	8211 9711
Athelstone	Athelstone Football Clubrooms George St. (Lower Athelstone Rd) Paradise	Mondays 10am - 3pm	Jan Bob	8362 5194 0419 806 246
Blackwood	Blackwood Football Clubrooms Trevor Terrace, Blackwood	Wednesdays 9.30am - 2pm	Brian	8327 1247
Broadview	Enfield Community Centre 540 Regency Road, Broadview	Fridays 9.30am - 2.30pm	Terry Glenda	0407 788 354 8262 6889
Fleurieu	Port Elliot Institute Hall, The Strand, Port Elliot	Monday 9.30am - 3pm	Colleen Ingrid	8552 7589 0497 695 755
Gawler	South Gawler Football Clubrooms Dawson Road, Evanston	Wednesdays 10am - 2.30pm	Rachelle June	0408 848 605 8522 5596
Golden Grove	Campania Sports & Social Club 5 Famechon Crescent, Modbury North	Thursdays 10am - 3pm	Ray Kaylene	7007 2445 8288 1567
Klemzig	Klemzig Community Hall Klemzig Recreation Ground, North East Road, Klemzig	Wednesdays 10am - 2.00pm	Adi Margaret	8289 2103 8342 3480
Largs Bay	Largs Bay RSL Hall, 17 Carnarvon Terrace, Largs North	Thursdays 10.30am - 2.30pm	Connie Colin	8248 6091 8449 7695
Magill	137-139 Montacute Road, Campbelltown	Wednesdays 10am - 2.30pm	Janice John	8365 9908 8336 4543
Modbury North	Burrageh Centre, 140 Kelly Road, Modbury North	Fridays 9.00am - Noon	Brenda Bob Karen	0438 190 845 0419 815 985 0426 194 709
Nailsworth	Nailsworth Community Hall 31 Derlanger Avenue	Tuesdays 10am - 3pm	Colleen	8260 5430
Rose Park	Gartrell Memorial Hall Cnr Prescott Tce & Grant Avenue	Tuesdays 9.30am - 2.30pm	Una	8336 5767
Seaford/Moana	Neighbourhood Centre, Beechwood Grove, Seaford	Wednesdays 9.30am - 2.30pm	Peter	8382 1592
continues over page	Updated: 17th August 2018	Z:\ARPA News\Newsletter extra2.indd		

Activity Group	Venue	Day/Time	Contact	Phone
Adventure Group	Various	see ARPA Groups at www.arpaactiveover50s.com.au	Steve	7127 9352
ARPA Radio Players	Mile End Church of Christ Hall 1 Danby Street, Torrensville	Rehearsals Mondays 10am - 1pm. Performances by request at your venue	Liz Mary	8376 9090 8443 6018
Art Appreciation	Art Gallery of South Australia	Second Thursday or Fourth Monday	Janet (Thur) Cathy/Noel (Mon)	8235 0113 8355 1554
Backyard Fruit & Vegetable Gardening	Various locations around Adelaide and suburbs	2nd Thursday each month at 1pm	Rob Bill	0458 959 018 8431 4371
Bolivia/Canasta	ARPA Office Level 4, 25 Leigh Street Adelaide	Fridays 10am - 12.45pm	Geoff	0413 523 007
Book Discussion Group	ARPA Office Level 4, 25 Leigh Street Adelaide	First Friday of the month (ex- cept Jan.) at 1pm. See: www.arpaactiveover50s.com.au	Iris	8269 2148
Bush Band	Eastwood Community Centre 95 Glen Osmond Rd Eastwood	2nd & 4th Tuesday of month 1.30pm.	Jo	8261 9056
Bushwalking	4 levels of walks offered each week at various locations in S.A. Plus inter- state & overseas walking	see Bushwalkers at www.arpabushwalkers.org.au	Chris	0435 805 223
Caravan Group	Various locations in SA & beyond.	Link into our new website via www.arpaactiveover50s.com.au	Peter	0412 842 713
Choir	Theosophical Society Hall, 310 South Terrace	Thursdays 10.00am - 12noon	Clare Bookings :	8297 3218
Computer Group	ARPA Office. Level 4, 25 Leigh Street, Adelaide. See also: https:// arpacomputergroup.wixsite/arpa	Third Friday each month at 11.00am. email: arpacomputergroup@gmail.com	David	0417 822 560
Computer Training	ARPA Office Level 4, 25 Leigh Street Adelaide	One-to-one training each Wednesday or Friday	Sheila	8266 1964
Cycling Group	Rides each Wednesday, various metro locations. Longer country rides also planned	see ARPA News for details or our website at http://arpacy- cling.wix.com/cycling	Philip Lee	0408 841 141 0417 811 604
Dressmaking	North Adelaide Croquet Clubrooms Prospect Oval	Thursdays 1.30pm - 4pm	Rene	8266 6683
Deuces Wild (ARPA Blues Band)	Gino: gino.saccone@flinders.edu.au or Chris: chris.seajays@gmail.com	Available for bookings. Please email for enquiries or to book or see a band rehearsal.	ARPA Office	8211 9711 message
500 (Five Hundred - cards)	ARPA Office Level 4, 25 Leigh Street Adelaide. Currently each fortnight.	Thursday 1pm - 3.45pm Please phone before attending	ARPA Office	8211 9711
Four Wheel Drive	Various locations. See: www.users. tpg.com.au/arpa4wd	or see ARPA Groups at www.arpaactiveover50s.com.au	Keith Tony	8260 3230 8396 1682
Geocaching	Various locations around Adelaide and suburbs	see ARPA Groups at www.arpaactiveover50s.com.au	Roger	8339 3791
Golf (18 Holes)	Mixed competition on various links. Contact us at arpasagolf@gmail.com or see website at: http:// arpagolfgroup.wix.com/golfgroup	Mondays 8.15am (if public holiday then Tuesday) Each Friday at 7.30am social golf at Patawalonga	Wayne Jan	0418 818 172 0432 938 031
<i>For changes to this schedule:</i>	Please advise: ARPA Active Over 50s Office - PO Box 8247 Station Arcade, Adelaide SA 5000	Office Hours: Tues - Fri 10am - 4pm or via email at : info@arpasa.asn.au	<i>Phone</i>	<i>8211 9711</i>

Golf (9 Holes)	We play weekly at Regency Park. Please contact via arpasagolf@gmail.com	Meet Wednesdays 8am for 8:30 start	Wayne	0418 818 172
Golf (Par 3)	We play weekly on Mondays at various Par 3 links around the Metro area	Please phone Coordinator for details	Bill	8272 3016
History Discussion	ARPA Office Level 4, 25 Leigh Street Adelaide. See ARPA News for topics	We meet fortnightly on the 2nd and 4th Wednesdays of each month from 10am at ARPA	Bob Cliff	0414 766 149 7231 0611
Internet Training (including email, skype, internet and computer images)	ARPA Office Level 4, 25 Leigh Street Adelaide	Thursdays by appointment (Note: individual training)	Richard ARPA Office	0412 723 789 8211 9711
IPAD Tablet Training	ARPA Office Level 4, 25 Leigh Street Adelaide	Thursdays weekly by appointment (one to one training)	Richard	0412 723 789
Lawn Bowls	Trinity Gardens Bowling Club 30 Canterbury Ave Trinity Gardens	Wednesdays from 12:30pm	David	0417 822 560
Mah Jong	ARPA Office Level 4, 25 Leigh Street Adelaide	Tuesdays 1pm - 3.30pm	Frances ARPA Office	8336 5819 or 8211 9711
Mobile Phone Training	ARPA Office Level 4, 25 Leigh Street Adelaide	Thursdays weekly by appointment (one to one or small group training)	Richard	0412 723 789
ARPA Orchestra	Various local & intra-state venues	Rehearsals: Thursdays 10am - 12noon	Bill	0407 710 957
Photography	Various locations local and statewide. email: mbilek@bigpond.net.au	Field trips as advised in ARPA News	Milan	8121 7046
Pleasure Fishing	Various country coastal locations near Caravan Parks	Trips advised in ARPA News	Paul/Jeanette Rae	0429 678 536 8295 5361
Snooker / 8-ball	Various Metro locations (see legend on back page)	Weekdays various times available	ARPA Office	8211 9711
Social Group	Activities planned for various locations around metro & local country areas	Activities advised via the ARPA News. Suggestions welcome	Dianne	0419 857 882
Spanish for Beginners	ARPA Office Level 4, 25 Leigh Street Adelaide	Tuesdays 10am - 12 noon from April - November	Gladys ARPA Office	8365 1949 8211 9711
Sunday Lunch Group	Various eateries around the city and suburbs	Last Sunday each month. Bookings essential	Joan	8331 0114
Table Tennis	39a Windsor Avenue, Woodville Park	Mondays 8.30am - 12.15pm	Dean Sandi	0414 968 341 0408 838 914
Tap Dancing & Variety Concerts	Enfield Community Centre 540 Regency Road, Broadview	Wednesdays 12.30pm - 3.30pm	Lorraine	8269 3915
Tennis West	Glenlea Courts Ferguson Avenue, Glenelg North	Mondays and Thursdays 8.30am - 1pm	David Alison	8294 5642 0424 224 980
Tennis East	Broadview Tennis Club Courts Myponga Terrace (off Collingrove Avenue), Broadview	Tuesdays and Thursdays 8.30am - 12.30pm	Bill John	8267 6674 8261 3997
Texas Hold 'Em Poker	ARPA Office Level 4, 25 Leigh Street, Adelaide	Thursdays 10am - 12.45pm	John	0427 182 584
Train the Brain	ARPA Office Level 4, 25 Leigh Street, Adelaide	3rd Monday each month 12.30pm - 2.30pm	Elizabeth	0438 843 066
Weekly Walkers	Various locations around City & Suburbs. See: http://adamsd1.wix.com/weekly-walkers	Wednesdays 9.45am lasting 1.5 -2 hrs.	David	0408 297 050