



ARPA Active Over 50's

Group Information Sheet - 2019

(See updates at: www.arpaactiveover50s.com.au)

Keep this sheet to reference all your ARPA contacts

(Coordinators: please advise of any changes)

Our Regional Groups offer members a range of activities and events in a friendly, welcoming and club-like environment that is designed by its members to provide access to the activities they desire. Activities will change and grow over time as members express new interests.

Please contact the contact person of your nearest group or the group that is offering the activities that interest you most.

Adelaide ARPA Office	Level 4 / 25 Leigh Street Adelaide	various activities	ARPA Office	8211 9711
Athelstone	Athelstone Football Clubrooms George St. (Lower Athelstone Rd), Paradise	Mondays 10am - 3pm	Jan Bob	8362 5194 0419 806 246
Blackwood	Blackwood Football Clubrooms Trevor Terrace, Blackwood	Wednesdays 9.30am - 2pm	Brian	8327 1247
Broadview	Enfield Community Centre 540 Regency Road, Broadview	Fridays 9.30am - 2.30pm	Terry Glenda	0407 788 354 8262 6889
Fleurieu	Port Elliot Institute Hall The Strand, Port Elliot	Monday 9.30am - 3pm	Colleen Ingrid	0409 447 051 0497 695 755
Gawler	Elder Centre, 37 Fourteenth St Gawler	Wednesdays 10am - 2.30pm	Rochelle June	0408 848 605 8522 5596
Golden Grove	Campania Sports & Social Club 5 Famechon Crescent, Modbury North	Thursdays 10am - 3pm	Ray Kaylene	7007 2445 8288 1567
Klemzig	Klemzig Community Hall Klemzig Recreation Ground North East Road, Klemzig	Wednesdays 10am - 2.00pm	Adi	0423 207 149
Largs Bay	Lefevre Uniting Church 63 Gedvill Road, Taparoo	Thursdays 10.30am - 2.30pm	Connie Colin	8248 6091 8449 7695
Magill	137-139 Montacute Road Campbelltown	Wednesdays 10am - 2.30pm	Janice John	8365 9908 8336 4543
Modbury	North Burregah Centre 140 Kelly Road, Modbury North	Fridays 9.00am – Noon	Brenda Bob Karen	0438 190 845 0419 815 985 0426 194 709
Nailsworth	Nailsworth Community Hall 31 Derlanger Avenue	Tuesdays 10am - 3pm	Colleen	8260 5430
Rose Park	Gartrell Memorial Hall Cnr Prescott Tce & Grant Avenue	Tuesdays 9.30am - 2.30pm	Una	8336 5767
Seaford/Moana	Neighbourhood Centre Beechwood Grove, Seaford	Wednesdays 9.30am - 2.30pm	Peter	8382 1592

Our Activity Groups offer Members opportunities to join others that share their interest in a particular Activity.

These Groups cater for members who wish to focus on a particular type of activity rather than on a range of activities that are available in the Regional Groups. Your membership of ARPA entitles you to join as many Activity Groups as you desire.

Members may form new Activity Groups (with the assistance of the ARPA Active Over 50s Office) and present groups may close as the interests of Members change – it is member driven.

Activity Group	Venue	Day/Time	Contact	Phone
ARPA Radio Players	Mile End Church of Christ Hall 1 Danby Street, Torrensville	Rehearsals Mondays 10am - 1pm. Performances by request at your venue	John Stirling John Graham	0474 354 600 0404 555 808
Art Appreciation	Art Gallery of South Australia	Second Thursday 12;15 or Fourth Monday 10;15	Janet (Thur) Cathy/Noel (Mon)	8235 0113 0432 488 929
Backyard Fruit & Vegetable Gardening	Various locations around Adelaide and suburbs	3rd Thursday each month at 1pm	Robin	0458 959 018
Bolivia/Canasta	ARPA Office Level 4, 25 Leigh Street, Adelaide	Fridays 10am - 12.45pm	Geoff	0413 523 007
Book Discussion Group	ARPA Office Level Level 4, 25 Leigh Street, Adelaide	First Friday of the month (except Jan.) at 1pm. See: www.arpaactiveover50s.com.au	Iris	8269 2148
Bush Band	Eastwood Community Centre 95 Glen Osmond Rd, Eastwood	2nd & 4th Tuesday of month 1.30pm.	Jo	8261 9056
Bushwalking	4 levels of walks offered each week at various locations in S.A. Plus interstate & overseas walking	see Bushwalkers at www.arpabushwalkers.org.au	Chris	0435 805 223
Caravan Group	Various locations in SA & beyond.	Link into our website via www.arpaactiveover50s.com.au	Peter	0412 842 713
Choir	Theosophical Society Hall 310 South Terrace	Thursdays 10.00am - 12noon	Helen Irene	8375 8817 8277 5149
Computer Group	Church of Christ 2 Danby Street, Torrensville	Third Friday each month at 11.00am. email: arpacomputergroup@gmail.com	David	0417 822 560
Cycling Group	Rides each Wednesday-various metro locations. Longer country rides also planned	see ARPA News for details or our website at http://arpacycling.wix.com/cycling	Philip Bob	0408 841 141 0437 911 725
Dressmaking	North Adelaide Croquet Clubrooms Prospect Oval	Thursdays 1.30pm - 4pm	Rene	8266 6683
Deuces Wild (ARPA Blues Band)	Gino: gino.saccone@flinders.edu.au or Chris: chris.seajays@gmail.com	Available for bookings. Please email for enquiries or to book or see a band rehearsal.	Gino Christopher	0432 640 869 0451 486 854
500 (Five Hundred)	ARPA Office Level 4 Level 4, 25 Leigh Street, Adelaide. Currently each fortnight.	Thursday 1pm - 3.45pm Fortnightly from August 1, 2019 Please phone before attending	Riet	0459 023 632
Four Wheel Drive	Various locations. See: https://rjboth.wixsite.com/arpa4wd-group	or see ARPA Groups at www.arpaactiveover50s.com.au	Keith Tony	8260 3230 0428 898 001
Geocaching	Various locations around Adelaide and suburbs	see ARPA Groups at www.arpaactiveover50s.com.au	Arthur	0419 384 732
Golf (18 Holes)	Mixed competition on various links. Contact us at arpasagolf@gmail.com or see website at: http://arpagolfgroup.wix.com/golfgroup	Mondays 8.15am (if public holiday then Tuesday) Each Friday at 7.30am social golf at Patawalonga	Wayne Jan	0418 818 172 0432 938 031
Golf (9 Holes)	We play weekly at Regency Park. Please contact via arpasagolf@gmail.com	Meet Wednesdays 8am for 8:30 start	Wayne	0418 818 172

Golf (Par 3)	We play weekly on Mondays at various Par 3 links around the Metro area	Please phone Coordinator for details	Bill	8272 3016
Mah Jong	ARPA Office Level 4 25 Leigh Street, Adelaide	Tuesdays 1pm - 3.30pm	Frances	0497 355 735
ARPA Orchestra	Rehearsals – Cumberland Park Community Centre	Rehearsals: Thursdays 10am - 12noon	Bill	0407 710 957
Photography	Various locations local and statewide. email: mbilek@bigpond.net.au	Field trips as advised in ARPA News	Doug	
Pleasure Fishing	Various country coastal locations near Caravan Parks	Trips advised in ARPA News	Paul/Jeanette	0429 678 536
Snooker / 8-ball	Various locations around Adelaide (see legend on back page)	Weekdays various times. Available at a number of Regional Groups	ARPA Office	8211 9711
Social Group	Activities planned for various locations around metro & local country areas	Activities advised via the ARPA News. Suggestions welcome	Dianne	0419 857 882
Table Tennis	39a Windsor Avenue, Woodville Park	Mondays 8.30am - 12.15pm	Dean Sandi	0414 968 341 0408 838 914
Tap Dancing & Variety Concerts	Enfield Community Centre 540 Regency Road, Broadview	Wednesdays 12.30pm - 3.30pm Beginners 11:30	Lorraine	8269 3915
Tennis West	Glenlea Courts Ferguson Avenue, Glenelg North	Mondays and Thursdays 8.30am - noon	David Alison	8294 5642 0424 224 980
Tennis East	Broadview Tennis Club Courts, Myponga Terrace (off Collingrove Avenue) Broadview	Tuesdays and Thursdays 8.30am - 12.30pm	Bill John	8267 6674 8261 3997
Texas Hold 'Em Poker	ARPA Office Level 4 25 Leigh Street, Adelaide	Thursdays 10am - 12.45pm	Dave	0447 373 824
Train the Brain	ARPA Office Level 4, 25 Leigh Street, Adelaide	3rd Monday each month 12.30pm - 2.30pm	Elizabeth Lorraine	0438 843 066 8278 6623
Weekly Walkers - Wednesday	Various locations around City & Suburbs. See: http://adamsd1.wix.com/weekly-walkers	Wednesdays 9.45am - lasting 1.5 -2 hrs.	David	0408 297 050
Weekly Walkers – Thursday	Various locations around City & Suburbs	Thursday 9.45am - lasting 1.5 -2 hrs	Helen	0428 120 447

Training	Venue	Day/Time	Contact	Phone
Computer Training including: Internet, Email, Tablets, Mobile Phones. Also: Word processing, Filing, and photo management	ARPA Office Level 4 25 Leigh Street Adelaide	One-to-one training by arrangement	ARPA	8211 9711

